

# Building Convictions (Foundations)

Matthew 7:24-27

24. Therefore everyone who hears these words of Mine and acts on them, may be compared to a wise man who built his house on a rock. 25. And the rain fell, and the floods came, and the winds blew and slammed against that house; and yet it did not fall, for it had been founded on the rock. 26. Everyone who hears these words of Mine and does not act on them, will be like a foolish man who built his house on the sand. 27. The rain fell, and the floods came, and the winds blew and slammed against that house; and it fell -- and great was its fall.

1. Choose an area of your life to build a conviction in. (ie: Relationships, Evangelism, Dealing with Conflict, The Word, Fellowship, Prayer, Finances, Health, Time management, etc)
2. Find the most solid rocks there are in God's Word. (5-10 verses that you want to shape everything about how you relate in this area of your life.)
3. Locate the sand! (Find my areas of weakness or potential lies in this area that I am tempted to believe and write them down.) (Understanding ourselves and our surroundings is key to building a proper foundation.)
4. Consult Godly counsel! (Read a book on the subject, talk to someone who is following God well in this area or has built convictions in it before!)(Make sure they point you to verses but take their wisdom as well. You are not the exception.)
5. Clearly define your conviction. (Write it down and keep it somewhere you can review it.)(It's ok to learn more and develop or change them over time if it's based off more of God's word.)
6. Tell someone your conviction and get accountability!

*Your lifestyle and decisions give away your true convictions, not your good intentions.*

## How not to build a conviction!

1. Do it because others do it only! (This is just performance or laziness)
2. Build your convictions around your decisions. (This is just justification)
3. Build your convictions around how you feel. (This is just stupid)

## Building Convictions Worksheet

1. **Area of Focus .**
2. **Verses from God's word**
  - 1.
  - 2.
  - 3.
  - 4.
  - 5.
  - 6.
  - 7.
  - 8.
  - 9.
  - 10.

**3. Lies I tend to believe**

- 1.
- 2.
- 3.
- 4.

**4. Wise Counsel/Principles**

- 1.
- 2.
- 3.

**5. What am I convinced of? (What truth is obvious or clear to me so far?)(Paragraph Form)**

**6. What is my specific conviction in this area?**

**7. What action will I take today to begin implementing this conviction?**